

## Side Dishes

|                                   | SM.    | LG.     |
|-----------------------------------|--------|---------|
| Broccoli Casserole                | \$6.49 | \$11.49 |
| Garlic Green Beans w/ Zucchini GF | \$6.25 | \$12.25 |
| Glazed Carrots GF                 | \$5.25 | \$10.25 |
| Maple Butternut Squash GF         | \$5.25 | \$10.25 |
| Mashed Potatoes GF                | \$5.25 | \$10.25 |
| Oven Roasted Potatoes GF          | \$4.99 | \$9.49  |
| Pecan Rice with Mushrooms GF      | \$6.25 | \$12.25 |
| Saucy Brussel Sprouts             | \$6.25 | \$12.25 |
| Scalloped Potatoes                | \$6.25 | \$12.25 |
| Oven Roasted Mediterranean Veg GF | \$9.99 | \$18.99 |
| Cranberry Sauce                   | \$1.99 |         |

### Quiche

SM. 5" \$6.99 LG. 10" 23.99

|                         |                  |
|-------------------------|------------------|
| Bacon & Goat Cheese     | Broccoli & Ham   |
| Spinach & Mushroom      | Garden Vegetable |
| Cranberry & Brie        | Greek            |
| Lorraine (Ham & Tomato) |                  |

### Meat Pies

|                      | SM.    | LG.     |
|----------------------|--------|---------|
| Turkey Pie           | \$7.99 | \$25.99 |
| Steak & Mushroom Pie | \$7.99 | \$25.99 |
| Cheeseburger Pies    | \$7.99 | \$25.99 |

*Everything we do is made from scratch!!!*

### Homemade Soup

|                        |         |
|------------------------|---------|
| Large 48oz. ....       | \$13.99 |
| Senior Size 16oz ..... | \$4.99  |

### Meat Chili & Meat Sauce

|                                   |         |
|-----------------------------------|---------|
| Large Chili 48oz.....             | \$21.00 |
| Senior size Chili 16oz.....       | \$7.75  |
| Large Meat sauce 48oz. ....       | \$22.99 |
| Senior size Meat Sauce 16oz. .... | \$6.49  |

### Gravy

|                          |        |
|--------------------------|--------|
| Beef or Turkey 4oz ..... | \$2.99 |
| Beef or Turkey 8oz ..... | \$4.99 |

*Prices are subject to change without notice.  
January 2025*

*Comfort food...*

*Made from scratch!!!*

# OUT'N BACK

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[www.outbackcatering.ca](http://www.outbackcatering.ca)

Hours

Mon.-Fri. 9:30-4pm ~ Sat. 9:30-3pm ~ Sun. Closed



## Chicken Dishes

**SM. \$9.99 - \$11.99 LG. \$19.99 - \$21.99**

- Chicken Stir Fry over Rice
- Chicken Divan over Rice
- Chicken & Broccoli Casserole
- Chicken Primavera **\*NEW**
- Turkey A La King over Noodles
- Chicken Parmesan over Spaghetti
- Mediterranean Chicken over Rice **GF**
- Grilled Chicken and Broccoli In a Garlic Cream Sauce over Cheese Tortellini
- Chicken Almandine with Peaches over Rice
- Chicken, Spinach & Roasted Red Peppers in a Blush Sauce over Cavatappi Pasta
- Chicken in an Herbed Mushroom Sauce over Rice **GF**
- Chicken(Bacon) Amatriciana **\*NEW**

## Specialty Dishes

**SM. \$11.99 LG. \$22.99**

- Chicken 'n' Bowtie Pasta (or) GF Pasta  
With Sun Dried Tomatoes
- Tiger Shrimp in a Garlic Cream Sauce  
Over Bowtie Pasta
- Shrimp Primavera over Penne

## Meat Dishes

**SM. \$9.99 - \$11.99 LG. \$19.99 - \$21.99**

- Spaghetti & Meatballs
- Sweet 'n' Sour Meatballs
- Veal Parmesan over Spaghetti
- Beef Tortellini with Red Sauce
- Beef Stir Fry over Rice
- Penne with Meat Sauce & Cheese
- Goulash **\*NEW**
- Beef Stroganoff
- Shepherd's Pie
- Swiss Steak
- Beef Stew
- Cabbage Rolls
- Tuna Casserole

## Pasta & Meatless Dishes

**SM. \$8.99 - \$9.99 LG. \$17.99 - \$19.99**

- Macaroni & Cheese
- Cannelloni /White & Red Sauce
- Vegetarian Stir Fry over Rice
- Three Cheese Tortellini Bake
- Eggplant Parmesan **GF**
- Spinach & Cheese Ravioli
- Vegetarian Bow Tie Pasta with Sundried Tomatoes

## TV Dinners

**Starting at \$10.99 to \$13.99**

**Includes Mashed potatoes & Vegetables**

- Chicken Parmesan 12.49
- Honey Dijon Chicken **GF** 12.49
- Chicken Teriyaki 12.49
- Chicken Cacciatore **GF** 11.99
- Chicken Cordon Blue 11.99
- Breaded Dark Meat Chicken 1/4 with gravy 11.99
- BBQ Roasted Dark Meat Chicken 1/4 **GF** 11.99
- Roasted Dark Chicken 1/4 with Hickory Herbed Olive Oil **GF** 11.99
- Broccoli & Cheese Stuffed Chicken Breast 11.99
- Breaded Chicken Drumsticks (TWO) 11.99
- Chicken Breast in a Honey Garlic Sauce **GF** 12.49
- Chicken in an Herbed Mushroom Sauce **GF** 12.49
- Chicken Drumsticks (TWO)  
w/Honey Garlic Sauce **GF** 11.99
- Chicken Drumsticks (TWO) w/ Teriyaki Sauce 11.99
- Mediterranean Chicken **GF** 12.49
- Tender Home-style Chicken Strips 10.99
- Chicken Breast in an Apple Thyme Sauce **GF** 12.49
- Turkey with Gravy (**White Meat**) 12.99
- Turkey with Gravy (**Dark Meat**) 12.49
- Turkey with gravy (**White and Dark**) 12.49
- Meat loaf with Gravy 12.49
- Roast Beef w/Gravy 12.99
- Salisbury Steak 12.49  
with Mushrooms, Onions & Gravy 12.49
- Sweet 'n' Sour Meatballs 11.99
- Veal Parmesan 11.99
- Liver & Onions 12.49
- Roasted Lamb with Rosemary Gravy 13.99
- Cabbage Roll 13.99 **\*NEW**
- Pork Tenderloin in a Dijon Sauce **GF** 12.49
- Pork Loin in Apple Thyme Sauce **GF** 11.99
- Caribbean Ham  
in a Pineapple & Raisin Sauce **GF** 12.49
- Garlic & Herb Tilapia **GF** 12.99
- Oven Baked Filet of Sole w/ Dill Sauce 11.99
- Coconut Encrusted Tilapia 12.99

**Lasagna made from Fresh Pasta Meat  
or Vegetarian Sm. 11.99 Lg. 22.99**

## Vegan Entrees

**SM. \$9.99 LG. \$19.99**

- Black Bean Chili **GF**
- Chickpea & Green Peas in a Marinara Sauce  
over Pasta
- Oven Roasted Mediterranean Vegetable  
over bowtie pasta