

Side Dishes

	SM.	LG.
Broccoli Casserole	\$6.49	\$11.49
Garlic Green Beans w/ Zucchini GF	\$6.25	\$12.25
Glazed Carrots GF	\$5.25	\$10.25
Maple Butternut Squash GF	\$5.25	\$10.25
Mashed Potatoes GF	\$5.25	\$10.25
Oven Roasted Potatoes GF	\$4.99	\$9.49
Pecan Rice with Mushrooms GF	\$6.25	\$12.25
Saucy Brussel Sprouts	\$6.25	\$12.25
Scalloped Potatoes	\$6.25	\$12.25
Oven Roasted Mediterranean Veg GF	\$9.99	\$18.99
Cranberry Sauce	\$1.99	

Quiche

SM. 5" \$6.99 LG. 10" 23.99

Lorraine (Ham & Tomato)	Broccoli & Ham
Bacon & Goat Cheese	Garden Vegetable
Spinach & Mushroom	Greek
Broccoli & Mushroom	Cranberry & Brie

Meat Pies

	SM.	LG.
Turkey Pie	\$7.99	\$25.99
Steak & Mushroom Pie	\$7.99	\$25.99
Cheeseburger Pies	\$7.99	\$25.99

Everything we do is made from scratch!!!

Homemade Soup

Large 48oz.	\$13.99
Senior Size 16oz	\$4.99

Meat Chili & Meat Sauce

Large Chili 48oz.....	\$21.00
Senior size Chili 16oz.....	\$7.75
Large Meat sauce 48oz.	\$19.99
Senior size Meat Sauce 16oz.	\$6.49

Gravy

Beef or Turkey 4oz	\$2.99
Beef or Turkey 8oz	\$4.99

Prices are subject to change without notice.

2024

Comfort food...

Made from scratch!!!

OUT'N BACK

Catering

**Veteran Provider
& Registered
With the DVA**

FREEZER MENU

**T.V. Dinner, Individual,
Family Size & Up**

City Wide Delivery

Every Tuesday for \$7.00 flat fee
(freezer menu only)

4330 Colonel Talbot Road
London, Ontario N6P 1B2

Call Us At

(519) 668-3360

Mon.-Tues. 10% seniors discount
(pick-up only)

outbackinc@gmail.com

www.outbackcatering.ca

Hours

Mon.-Fri. 9:30-4pm ~ Sat. 9:30-3pm ~ Sun. Closed



Chicken Dishes

SM. \$9.99 ~~11.99~~

- Chicken Stir Fry over Rice
- Chicken Divan over Rice
- Chicken & Broccoli Casserole
- Chicken Primavera *NEW
- Turkey A La King over Noodles
- Chicken Parmesan over Spaghetti
- Mediterranean Chicken over Rice **GF**
- Grilled Chicken and Broccoli In a Garlic Cream Sauce over Cheese Tortellini
- Chicken Almandine with Peaches over Rice
- Chicken, Spinach & Roasted Red Peppers in a Blush Sauce over Cavatappi Pasta
- Chicken in an Herbed Mushroom Sauce over Rice **GF**
- Chicken, Broccoli & Mushroom Alfredo Over Fettuccine

Specialty Dishes

SM. \$10.75 LG. \$21.99

- Chicken 'n' Bowtie Pasta (or) GF Pasta With Sun Dried Tomatoes
- Tiger Shrimp in a Garlic Cream Sauce Over Bowtie Pasta
- Shrimp Primavera over Penne

Meat Dishes

SM. \$9.99 ~~11.99~~ LG. \$19.99 ~~21.99~~

- Spaghetti & Meatballs
- Sweet 'n' Sour Meatballs
- Veal Parmesan over Spaghetti
- Beef Tortellini with Red Sauce
- Beef Stir Fry over Rice
- Penne with Meat Sauce & Cheese
- Beef Stroganoff
- Shepherd's Pie
- Swiss Steak
- Beef Stew
- Cabbage Rolls
- Tuna Casserole

Pasta & Meatless Dishes

SM. \$8.99 ~~10.99~~ LG. \$17.99 ~~19.99~~

- Macaroni & Cheese
- Cannelloni /White & Red Sauce
- Vegetarian Stir Fry over Rice
- Three Cheese Tortellini Bake
- Eggplant Parmesan **GF**
- Spinach & Cheese Ravioli
- Vegetarian Bow Tie Pasta with Sundried Tomatoes

TV Dinners

Starting at \$10.99 to \$13.99

GF Mashed potatoes & Vegetables

- Chicken Parmesan 12.49
- Honey Dijon Chicken **GF** 12.49
- Chicken Teriyaki 12.49
- Chicken Cacciatore **GF** 11.99
- Chicken Cordon Blue 11.99
- Breaded Dark Meat Chicken 1/4 with gravy 11.99
- BBQ Roasted Dark Meat Chicken 1/4 **GF** 11.99
- Roasted Dark Chicken 1/4 with Hickory Herbed Olive Oil **GF** 11.99
- Broccoli & Cheese Stuffed Chicken Breast 11.99
- Breaded Chicken Drumsticks (TWO) 11.99
- Chicken Breast in a Honey Garlic Sauce **GF** 12.49
- Chicken in an Herbed Mushroom Sauce **GF** 12.49
- Chicken Drumsticks (TWO) w/Honey Garlic Sauce **GF** 11.99
- Chicken Drumsticks (TWO) w/ Teriyaki Sauce 11.99
- Mediterranean Chicken **GF** 12.49
- Tender Home-style Chicken Strips 10.99
- Chicken Breast in an Apple Thyme Sauce **GF** 12.49
- Turkey with Gravy (White Meat) 12.99
- Turkey with Gravy (Dark Meat) 12.49
- Turkey with gravy (White and Dark) 12.49
- Meat loaf with Gravy 12.49
- Roast Beef w/Gravy 12.99
- Salisbury Steak 12.49 with Mushrooms, Onions & Gravy 12.49
- Sweet 'n' Sour Meatballs 11.99
- Veal Parmesan 11.99
- Liver & Onions 12.49
- Roasted Lamb with Rosemary Gravy 13.99
- Cabbage Roll 13.99 *NEW
- Pork Tenderloin in a Dijon Sauce **GF** 12.49
- Pork Loin in Apple Thyme Sauce **GF** 11.99
- Caribbean Ham in a Pineapple & Raisin Sauce **GF** 12.49
- Garlic & Herb Tilapia **GF** 12.99
- Oven Baked Filet of Sole w/ Dill Sauce 11.99
- Coconut Encrusted Tilapia 12.99

Lasagna made from Fresh Pasta Meat or Vegetarian Sm. 11.99 Lg. 22.99

Vegan Entrees

SM. \$9.99 LG. \$19.99

- Black Bean Chili **GF**
- Chickpea & Green Peas in a Marinara Sauce **GF** over Pasta
- Baked Beans
- Oven Roasted Mediterranean Vegetable over bowtie pasta