

Hot Lunch or Dinner Menu

**Choose your Entrée, all meals come
w/ Country Bread or Dinner rolls & butter
\$14.99 p.p.**

ADD a Salad for \$4.49 p.p.

*Choose from Spinach with Strawberries,
Caesar Salad, or Tossed, w/Dressings*

- ◆ Mediterranean Chicken over Rice **GF**
- ◆ Chicken in an Herbed Mushroom Sauce
over Rice **GF**
- ◆ Chicken Divan over Rice
- ◆ Chicken (Bacon) Amatriciana
- ◆ Chicken A La King with Egg noodles
- ◆ Chicken or Beef Stir Fry over Rice
- ◆ Chicken Parmesan over Spaghetti
- ◆ Chicken, Spinach & Roasted Red Peppers
in a Blush Sauce over Pasta
- ◆ Chicken 'n Bowtie Pasta
with Sun Dried Tomatoes
- ◆ Tuna / Macaroni Casserole
- ◆ Veal Parmesan / Spaghetti
- ◆ Beef Stroganoff
- ◆ Shepherd's Pie
- ◆ Meat Lasagna

- Chicken & Bow Tie Pasta
EXTRA \$2.00/person

Vegetarian Options

- ◆ Vegetarian Lasagna ◆ Vegetarian Stir Fry
- ◆ Bowtie pasta with Med Veg. ◆ Cannelloni
◆ Three Cheese Tortellini Bake
- ◆ Eggplant Parmesan **GF** ◆ Macaroni & Cheese

Hot Soup:

Homestyle Hearty Soup
Your choice of cream or broth soup
add **\$2.50** (SMALL) **\$3.50** (LARGE) per person
to any hot meal or sandwich order.

Hot Lunch or Dinner Menu Continued

Herb ed olive oil & hickory flavored
chicken leg w/ back attached, oven roasted
potatoes, country bread, butter
& Your choice of salad **\$19.49 p.p.**

Coconut, or Herb N Garlic Tilapia,
seasoned rice, country bread, butter
& your choice of salad **\$19.49 p.p.**

6oz. Honey Garlic Chicken Breast,
seasoned rice, country bread, butter
& your choice of salad **\$20.49 p.p.**

Beef on a Bun

**Roast Beef in Gravy on a Kaiser &
your choice of salad \$19.49**

Freshly Cooked Turkey

Sliced and Ready for You!

W/ Gravy, Cranberries, Stuffing, Mashed
Potatoes, & Glazed carrots.

\$27.49 per person

**EXTRA: Broccoli Casserole \$4.25/
person** Minimum of 15 people (in the off
season) *No minimum during Easter,
Thanksgiving And Christmas*

Freshly Home Cooked Roast Beef

Sliced and Ready for You!

W/Gravy, Mashed Potatoes

Broccoli Casserole (made with a White Cream
cheese sauce) & Glazed carrots
Country Bread & butter

\$29.99 per person

Minimum of 10 people

Catering for Every Occasion!

Dinner Entrées

*All Entrées include Sweet Buttered Glazed
Carrots, your choice of Herbed Roast
Potatoes or Seasoned Rice, Fresh Country Bread
or Country Bread & Butter*

Entrée #1

6oz. Chicken Breast
(In your choice of sauce)

Honey Garlic, Teriyaki Glaze, Honey Dijon,
Mediterranean & Herbed Mushroom.

\$21.99 per person
Minimum 10 people

Entrée #2

Pork loin /Apple Thyme Sauce
\$23.49 per person
Minimum 10 people

Entrée #3

6oz. Chicken Breast
Encrusted w/ Nuts and Herbs, drizzled
w/a light Dijon Mustard Sauce

OR

Pork Loin Spiral
Stuffed w/ Spinach, Pancetta & Mushrooms
\$28.99 per person
Minimum 10 people

*Orders over \$500 and outside posted business
hours are subject to automatic 15% gratuity.
(exceptions to be made for charities and
school diems)*

FREEZER ENTREES

Choose from a wide selection of delicious
Home-style frozen Single to Family sized
Entrees, Side dishes, T. V. Dinners, Hearty
Homemade Soups, and Chili

Prices are subject to change without notice

January 2026

Comfort food

Made from scratch!

OUT'N BACK

Catering

CUSTOMIZED CATERING MENU

Catering
Breakfast, Lunch,
& Dinner
CITY WIDE DELIVERY

4330 Colonel Talbot Road
London, Ontario N6P 1B2

Call Us...

(519) 668-3360

outnbackinc@gmail.com
www.outnbackcatering.ca



Hours

Mon. to Fri. – 9:30 to 5:00 Sat. – 9:30 to 4:00

BREAKFAST

Fresh Start

Start your morning with an assortment of muffins, bagels, sweet breads, and pastries, served with butter, jam, and cream cheese.

\$5.25 per person (Minimum of 10)

Continental Breakfast Tray

Freshly cut seasonal fruit with an assortment of muffins, bagels, sweet breads, and pastries, served with butter, jam, and cream cheese.

\$8.49 per person (Minimum of 10)

Hot Breakfast

Scrambled Eggs, served with Oven Roasted Potatoes, TWO Slices of Bacon, TWO Sausage Links, Country Bread, and Butter.

or

Hot Breakfast with a Twist

Scrambled Eggs, Bacon, Sausage Links, Muffins & Fresh Fruit

\$18.49 per person (Minimum of 10)

Substitute

vegetarian frittata

ADD **\$3.25** more p.p.

Bacon & potato frittata

ADD **\$4.49** more p.p.

Extra bacon (3) / sausage (3)

ADD **\$5.49** p.p.

Beverages

Coffee or Tea.....	\$3.49
Bottled Juice.....	\$2.25
Canned Pop.....	\$1.99
Iced Tea or Water	\$2.25
Assorted pop/juice/water	\$2.75

**Comfort food made from
Scratch**

LUNCH

Rush Hour Sandwiches

A variety of Egg, Chicken, and Tuna Salad, Home Cooked Roast Beef, Black Forest Ham, Salami, Smoked Turkey, Montreal Smoked Meat, and Vegetarian Sandwiches. Made on a wide selection of Texas sliced, Country Grains, & Rye.

\$8.79 per sandwich

Gluten Free and Vegan sandwiches available add \$1.25 more per sandwich

Wraps

Assorted colored flavored 10" wraps, with many of our favorite sandwich fillings.: Specialty fillings of Chicken Caesar, Oven Roasted Mediterranean Vegetables, Vegetarian, Deli meats, Egg, Chicken, Tuna salad and many more.

\$9.49 per wrap

Classic Sandwiches

A selection of Black Forest Ham, Genoa Salami, Montreal Smoked Meat, Smoked Turkey and Home - Cooked Roast Beef. Served on Kaisers, Focaccia, Ciabatta, & Italian Buns.

\$9.99 per sandwich

*** For an additional \$1.00 per person disposable plates, napkins, and cutlery are available with our hot or cold meals for your convenience.**

If needed serving utensils are available upon request.

Vegetable Trays

A flavorful dip surrounded by a Rainbow of crisp fresh cut broccoli, cauliflower, celery, carrots, tomatoes, mushrooms, peppers, and cucumbers.

Sm.10-12 \$37.99 Md. 15-20 \$59.99

Lg.25-30 \$79.99 X Lg. 60-95 \$144.99

XX Lg. 110-140 \$189.99

Simple Cheese Nibbler

A fine selection of Cheddar, Havarti, Swiss, Marble, and Mozzarella. Cubed and decorated with fruit garnish.

Sm.10-12 \$47.99 Md. 15-20 \$69.99

Lg. 25-30 \$89.99 X Lg.60-95 \$154.99

XX Lg. 110-140 \$214.99

Fruit Trays

A colorful display of freshly cut watermelon, cantaloupe, honey dew, pineapple decorated with grapes, & strawberries. Let us know if you want a pineapple top included.

Sm. 10-12 \$37.99 Md. 15-20 \$59.99

Lg. 25-30 \$79.99 X Lg. 60-95 \$144.99

XX Lg. 110-140 \$189.99

Dessert Tray

A delightful arrangement of our Home-Made butter tarts, brownies, gourmet cookies, and assorted homemade squares.

Approx. 2 1/2 pieces per person

Sm. 10-12 \$39.99 Md. 15-20 \$64.99

Lg. 25-30 \$84.99

Fresh Baked Homemade

10" Deep Dish Pies \$15.99

COMBINATION TRAYS

Half & Half Trays

For a bit of variety, you may choose TWO of the following: Vegetable, Fruit, or Dessert.

Sm. 10-12 \$39.99 Md. 15-20 \$64.99

Lg. 25-30 \$86.99

SALADS

Leaf Salad

Spinach with Strawberries (seasonal) or Peaches, Caesar Salad made with our famous homemade dressing. (NO ANCHOVIES IN CAESAR) Tossed with your choice of Dressings.

X Sm. 6-8 \$18.99 Sm. 10-12 \$25.99

Md. 15-18 \$39.99 Lg. 25-30 \$69.99

XLg. 36-40 \$94.99

Everyone's Favorite Salads

German Potato, Tuna Macaroni, Fruit, Vegetable Pasta, & our very own special Apple-slaw W a sweet poppy seed dressing.

BBQ 5-7 \$19.99 Sm. 12-15 \$25.99

Md. 16-24 \$39.99 Lg. 25-30 \$55.99

X Lg. 31-55 \$89.99 XX Lg. 75-90 \$134.99

Gourmet Salads

Chickpea & Black Bean Salad, Vegan/GF, Broccoli W a sweetened dressing, or Artichoke

BBQ 5-7 \$22.99

Sm. 10-15 \$30.99

Md. 18-22 \$45.99

Lg. 25 - 30 \$65.99

The Best of Everything

A Variety of

Rush Hour Sandwiches & Wraps

ONE / person

Half & Half Tray

*Fresh cut vegetable,
Selection of seasonal fruit*

SALAD

Choice of ONE

*Apple-slaw, Vegetable pasta salad,
Tossed, Spinach or Caesar salad*

Dessert Tray

\$18.99 per person Minimum of 10